

Citizenship

Overview of the year: The year starts with lessons on Mental Wellbeing and where to get support if needed. Students also learn about the importance of a healthy lifestyle and positive body image. Students then explore the advantages and disadvantages of the online world and learn about what good conduct online means. During this term, pupils also look at the purpose of pressure groups and how they create change in society. The final term consists of lessons on the different forms of diversity and the historical and present day struggle for equality.			Ways to consolidate and extend your learning in Citizenship: Read the news so you are up to date with current events. Recommended books: Black and British – A short essential history – David Olusoga Mind your head by Juno Dawson The Secret to Teen Power by Paul Harrington The Autobiography of Martin Luther King Recommended watching: BBC - Black and British: A Forgotten History by David Olusoga Visit The British Museum to learn about human history and culture. Visit The Nelson Mandela Exhibition to understand key events in his life.	
Half Term	Unit title	Knowledge	Skills	Assessment
1	Mental wellbeing	The different factors that contribute to positive and negative mental wellbeing. How to recognise the signs of poor mental health and who to go to if support is needed.	Compare and contrast, critical-thinking, empathy, creativity and literacy.	MCQ. Create a poster.
2	Healthy lifestyle and body image	The benefits of a healthy lifestyle and how exercise, sleep and nutrition effects our ability to learn. The importance of positive body image and how photo editing can be harmful.	Decision-making, critical thinking, assessing risk and literacy.	Letter writing.
3	Life online	The disadvantages and advantages of being online. Pupils will understand what it means to be a good digital citizen and how to keep themselves safe.	Social skills, communication, decision-making, critical thinking, assessing risk and literacy.	Evaluate statement and debate.
4	Pressure groups	The purpose of a pressure group, the strategies they use and how they create change in society. What a campaign is and examples of campaigns run by groups such as Amnesty International and Extinction Rebellion.	Critical thinking, evaluation, creativity and literacy.	Design your own campaign.
5	Diversity	The stories of soldiers from different nations fighting in WW1 and WW2. The story of migration to Britain throughout the ages and how our language, number system and aspects of modern culture connect to other cultures.	Critical thinking and literacy.	Write an essay.
6	Civil rights	The global black civil rights movement, UK black civil rights movement and LGBT+ civil rights movement.	Critical thinking and literacy.	Evaluate statement and debate.