

Citizenship

Overview of the year: The year starts off with a recap of Mental Wellbeing and how to deal with stress and challenges. Pupils then learn about the historical and present day struggle for gender equality. During the second term, pupils learn about Relationships and Sex education and how to keep themselves safe. Before pupils choose their KS4 options, lessons on aspirations, goal setting, and the different pathways available are discussed. The final term consists of lessons on Government and Democracy and issues affecting the young people and families of Newham.			Ways to consolidate and extend your learning in Citizenship: Read the news so you are up to date with current events. Recommended books: The War on Women: Sue Lloyd-Roberts We Should All Be Feminists: Chimamanda Ngozi Adichie Mind your head by Juno Dawson The Secret to Teen Power by Paul Harrington The Careers Handbook: The ultimate guide to planning your future.	
Half Term	Unit title	Knowledge	Skills	Assessment
1	Mental Wellbeing 2	What is good mental health and how to deal with stress and challenges? The negative impact of poor sleep, lack of movement, and nutrition.	Compare and contrast, critical-thinking, empathy, creativity and literacy.	Write a letter.
2	Gender Equality	Historical struggle for gender equality and present day issues. Challenging gender norms and stereotypes.	Compare and contrast, critical-thinking, empathy and literacy.	Evaluate statement and debate.
3	Relationships and Sex Education	The difference between healthy and unhealthy relationships. Consent and readiness and what the law states. The negative impact that pornography has on body image, expectations and relationships.	Compare and contrast, critical-thinking, decision-making, empathy and literacy.	MCQ
4	Careers and Aspirations	The importance of aspiration, goal setting, the advantages and disadvantages of different pathways, factors that influence career options such as financial aspirations, and how to market oneself effectively.	Future-planning, compare and contrast, critical-thinking and literacy.	Write a CV
5	Government and Democracy	How elections work, the importance of voting and how laws are made. Student will understand how politics affects all of our lives in many ways.	Compare and contrast, critical-thinking and literacy.	Essay
6	Local and Global Issues	Students learn about local issues that affect young people and families in Newham such as FGM, unregistered marriages, domestic abuse and radicalisation. Pupils will learn about different organisations that offer support. We also look at current issues and how pupils can use their voices to make a difference as active citizens of the world.	Critical-thinking, decision-making and literacy.	MCQ